

**Healthcare Cost Containment Committee Minutes**  
**September 11, 2019**  
**3:30 p.m. to 5:00 p.m.**

**Attendees:** Peter Bergeron, Ashley Brigham, Debie Clayton, Shawn Croteau, Linda Dimakis, Mary Ethier, Kelly Grassini, Rick Greenier, Jennifer Lavigne, Mark McLaughlin, Christine Soucy, Sandy Swanson

**1. Approval of June 5, 2019 Minutes**

The two words “Smart Shopper” on page 1 should be one word “SmartShopper”.

Shawn Croteau moved (seconded by Peter Bergeron) to approve the June 5, 2019 minutes as amended.

The motion passed 10-0-0.

**2. Biometric Screening and Health Assessment Participation**

a) Rate for June, July and August

Ashley Brigham reported the quarterly percentage rate of individuals tracking activities was 39%.

The Health Assessment participation rate for June was 35%, July 36% and August 37%.

The Biometric Screening participation rate for June was 19%, July 20% and August 20%. The deadline for the 2019 biometric screening is November 30, 2019. The deadline for other incentives is December 31, 2019

b) Promotion Strategies for September

Encourage individuals to participate in the HealthTrust sponsored 100 miles in October Challenge. Registration begins September 11, 2019. The challenge begins October 1, 2019.

Provide new hires with information about the HealthTrust incentive program. A focus on one program at a time might be comfortable pace for new hires.

Sandy Swanson will provide building representatives with a list of new employees who elected health insurance through the District.

It was suggested that Mark McLaughlin send a districtwide email explaining the efforts of the Healthcare Cost Containment Committee. Ashley Brigham is willing to provide information on the 100 Miles in October Challenge.

Ashley noted orientation contains many programs. Focusing on one program at a time might be helpful to new hires.

Rick Greenier noted Ashley Brigham’s visits to the schools have been very beneficial.

### **3. Stewardship Report**

Debie Clayton reintroduced the stewardship report that was presented in June. She explained the Stewardship Report is a snapshot in time showing trends of claims. There were no questions.

Debie Clayton noted the insurance rates would be set on September 25. The Guaranteed Maximum Rate (GMR) would be known on October 7.

Debie Clayton offered to explain the projected rate increase process at the October meeting.

Mark McLaughlin expressed a desire to invite Debie Clayton to a future School Board meeting to explain how HealthTrust insurance rates are set.

Christine Soucy noted the committee was originally charged with keeping healthcare costs down. The membership consists of at least one representative from each building to share information.

### **4. Nutrition Promotion Focus on Chips**

Ashley Brigham presented a nutritional comparison on chips. Skinny Pop popcorn is a better choice.

### **5. Preparation for 2019-2020 meetings**

The following agenda items were carried over from the June meeting.

#### a) Request Notification of Member Status

There were no committee member resignations.

#### b) Review Proposed 2019-2020 Meeting Calendar

Meeting dates for 2019-2020 were identified as:

September 11, 2019	February 5, 2020
October 2, 2019	March 11, 2020
November 6, 2019	April 1, 2020
December 11, 2019	May 13, 2020
January 8, 2020	June 3, 2020

#### c) Determine October Training Offering

Mark McLaughlin asked the membership if it wanted to continue with monthly training sessions. The question was taken under advisement and will be discussed at the October agenda.

#### Key Messages:

- Promote the HealthTrust sponsored 100 miles in October Challenge. Ashley Brigham will email the challenge information to the membership.

- November 30, 2019 is the deadline for the 2019 biometric screening. Screenings in December 2019 can be applied to 2020.

Other:

The consensus of the membership was to host a 2020 Wellness Fair on the same day as the biometric screening during the week of high school finals in January 2020. Peter Bergeron will provide a few January dates. Items for the Wellness Fair Committee to consider are a children’s activity area, accommodations for walk ins and no shows,

Sandy Swanson offered to assume committee responsibilities formerly performed by Linda Hastings.

The Wellness Fair Committee consists of Rick Greenier, Kelly Grassini, Christine Soucy, Kim DeMaso and Sandy Swanson.

Ashley Brigham will be absent from the October meeting. She will create a nutrition chart for the November meeting.

**2019-2020 School Year Meeting Dates**

<b>Meeting Date</b>	<b>Refreshments</b>
September 11, 2019	Rich Greenier
October 2, 2019	Sandy Swanson and Mark McLaughlin
November 6, 2019	
December 11, 2019	
January 8, 2020	
February 5, 2020	
March 11, 2020	
April 1, 2020	
May 13, 2020	
June 3, 2020	